

RJM Conference Group, Inc.
James Demetrious, DC, FACO
Fellow, Academy of Chiropractic Orthopedists

Dr. James Demetrious is approved by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) as a continuing education provider. His lectures draw from the experience of clinical practice of over twenty four years of providing manual therapies and working directly with massage and bodywork therapists.

Dr. Demetrious achieved his doctorate at New York Chiropractic College in 1986. He is a board certified chiropractic orthopedist and Fellow of the Academy of Chiropractic Orthopedists. Dr. Demetrious is a national renowned speaker. He is a Board member and an editor of the Academy of Chiropractic Orthopedists. Dr. Demetrious is an internationally known author having published peer-reviewed journal articles in *Chiropractic and Osteopathy*, *JMPT*, *JNMS*, *JACA* and *JACO*.

Medical Massage

Course Topics:

- Introduction/Overview
- Advanced Protocols
- Head/Cervical Spine/Cervico-thoracic Spine
- Upper Extremities
- Lumbar Spine/Hips
- Lower Extremities
- Relative/Absolute Contraindications
- Introductory Lymphedema for the LMT
- Questions/ Concluding Remarks
- Adjournment

Course Objectives – Following the course participants will hopefully:

1. Be able to discuss and list advanced medical massage therapy protocols.
2. Be able to explain segmental and global muscular control mechanisms and joint proprioception.
3. Be able to state physiologic muscular changes – from healthy to atrophic changes.
4. Be able to describe advanced myofascial pain referral patterns.
5. Be able to perform advanced massage therapeutic approaches and how to document changes using outcome indices.

Attendees are encouraged to bring portable massage tables to the lecture.